

## Child Counseling Resources

### Regional

Head Start: Preschool for eligible children ages 3-5 to meet psychological, emotional, social and health needs. (888) 873-5145

### Central

Marilyn Marshall, PhD: Abuse/PTSD counseling, sliding scale. (858) 458-1060

North City Psychological Group: Youth and group psychology, and parent education. Private insurance & payment plans for hardships. (858) 695-2237

The Chadwick Center for Children & Families: Trauma counseling services, crisis intervention, referrals, medication assessments, psychological evaluations, and family advocacy and safety planning. (858) 966-5803

YMCA Youth & Family Services: Child & family therapy. Low cost/sliding scale & Victims of Crime (VOC). (619) 543-9850 ext. 103

### East

Crossroads Family Center: Individual, family, and group counseling, child guidance, and medication management with therapy. Sliding scale, Medi-Cal. (619) 441-1907

Harmonium: Individual & family counseling and gang/juvenile diversion. Sliding scale. (619) 956-4661

### North Coastal

Casa De Amparo: Support services to abused/neglected children, shelter for children referred from agencies, low-cost daycare, parent education and counseling, supervised visits for foster children, transitional housing for former foster youth ages 18-24. (760) 754-5500

North County lifeline: Individual & group mental health counseling for teens. (760) 757-0118 Oceanside, (760) 726-4900 Vista

The Chadwick Center for Children & Families: Trauma counseling services, crisis intervention, medication assessments, psychological evaluations, and family advocacy and planning. (760) 967-7082

## North Inland

Aurora Behavioral Health: Psychiatric services & support groups. Inpatient & Outpatient (all ages). Private insurance & Medi-Cal. (888) 565-4228

North City Psychological Group: Child, adolescent, and group psychology, and parenting education. (858) 695-2237

## South

Nueva Vista Family Services: Individual, family, and group counseling and child guidance. Sliding scale & Medi-Cal. (619) 585-7686

The Chadwick Center for Children & Families: Trauma counseling services, crisis intervention, medication assessments, psychological evaluations & medication. Sliding scale & Medi-Cal. (619) 420-5611

Youth Enhancement Services: Individual, family, and group counseling, crisis intervention, play therapy, psychiatric evaluation & medication. (619) 428-5533